## The Presentation of the Lord - Year C

Diocesan Theme: **Christ is Everything for Us!** "Lord, to whom can we go? You have the words of eternal life". (John 6.68).

Parish Mission Statement: Love God, Love Others, Make Disciples! Our Lady of the Miraculous Medal parish through the liturgy, faith formation and sacramental life, provides opportunities for members to develop their faith and service to others.

## **MASS INTENTIONS**

Saturday, F	Sebruary 1 <sup>st</sup>
4:30pm	Intentions of Josephine & Gary Barnes by the James family
Sunday, Fel	bruary 2 <sup>nd</sup> – The Presentation of the Lord
9:00am	Intentions of the parishioners by the
	Pastor
10:45am	Repose of the soul of Seibert Brownrigg
	by the Brownrigg family
Wednesday	y, February 5 <sup>th</sup> – St. Agatha
9:30am	Repose of the soul of Irma Dueck by Peter
	and Catherine Gambell
Thursday, I	February 6 <sup>th</sup> – St. Paul Miki and Companions
9:00am	Intentions of Russell Sutherland by the
	Gambell family
Friday, Feb	ruary 7 <sup>th</sup>
9:00am	Repose of the soul of Gisèle Langevin by
	Amy and Brad Bourbonnais
Saturday, F	February 8 <sup>th</sup>
4:30pm	Baptismal anniversary of Sara and Clara by
	their family
Sunday, Fel	bruary 9 <sup>th</sup> – Fifth Sunday in Ordinary Time
9:00am	Repose of the soul of Mary Jeanette
	Eagles by William Eagles
10:45am	Intentions of the parishioners by the
	Pastor

# Intentions of the Holy Father for February

For Vocations to the priesthood and religious life
Let us pray that the ecclesial community might
welcome the desires and doubts of those young
people who feel a call to serve Christ's mission
in the priesthood and religious life.

## SIMPLE LOVE IN DIFFICULT TIMES

How should a Christian handle hurt and rejection? The answer is both simple and difficult. Simple, because the answer is always "respond with love". Difficult because loving the hurtful or hateful we encounter, goes against our basic human nature. We want to hit back, hurt back, and forgot the blessings God has promised for those who love instead. And while He knows our sinful struggles with hate, God still expects an obedient attempt. It doesn't have to be grandiose. Try the simpler solutions. When someone scowls, smile in return. When they curse, whisper a prayer for them. When they push you away, slip an arm under theirs and pull them into a hug. It's a matter of trying simple love in difficult times, and letting God do the rest.

#### Feast of the Presentation of the Lord

"Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in the sight of all the peoples: a light for revelation to the Gentiles, and glory for your people Israel." <u>Luke 2:29–32</u>

At the time of Jesus' birth, there was a man named Simeon who had spent his whole life preparing for one significant moment. Like all faithful Jews at the time, Simeon was waiting for the coming Messiah. The Holy Spirit had revealed to him that he would indeed see the Messiah before his death—and so this happened when Mary and Joseph brought Jesus into the Temple to offer Him to the Lord as an infant.

Try to imagine the scene. Simeon had lived a holy and devout life. And deep within his conscience, he knew that his life on earth would not come to an end until he was privileged to see the Savior of the World with his own eyes. He knew this by a special gift of faith, an interior revelation of the Holy Spirit, and he believed.

It's helpful to think about this unique gift of knowledge that Simeon had throughout his life. Normally we gain knowledge through our five senses. We see something, hear something, taste, smell, or feel something, and as a result, come to know it to be true. Physical knowledge is very reliable and is the normal way we come to know things. But this gift of knowledge Simeon had was different. It was deeper and spiritual in nature. He knew he would see the Messiah before he died, not because of some external sensory perception he had received but because of an interior revelation from the Holy Spirit. This truth begs the question, which type of knowledge is more certain? Something you see with your eyes, touch, smell, hear or taste? Or something that God speaks to you in the depths of your soul by a revelation of grace? Though these types of knowledge are different, it's important to understand that the spiritual knowledge that is given by the Holy Spirit is far more certain than anything perceived through the five senses alone. This spiritual knowledge has the power to change your life and direct all your actions toward that revelation.

Reflect, today, upon anything that our Lord has spoken to you in the depths of your soul. Too often we ignore His gentle voice as it speaks, preferring instead to live only in the sensory world. But the spiritual reality within us must become the center and foundation of our lives. It is there where God speaks, and it is there where we, too, will discover the central purpose and meaning of our lives.

My spiritual Lord, I thank You for the countless ways in which You speak to me day and night in the depths of my own soul. Help me to be always attentive to You and to Your gentle voice as You speak to me. May Your voice and Your voice alone become the guiding direction of my life. May I trust in Your Word and never waver from the mission You have given to me. Jesus, I trust in You.

## February 2, 2025

Are you new to Our Lady of the Miraculous Medal Parish? WELCOME! If you have not yet registered, please complete a registration form in the foyer or office.

You may bring the completed form to the office or drop it in the collection basket.

#### **ANNOUNCEMENTS**

## This Week at OLMM

## Monday, February 3

1:00 pm - CGS Level 1

4:00 pm - CGS Level 2

7:00 pm - OCIA

#### Tuesday, February 4

4:30 pm - First Reconciliation/Communion Class

5:30 pm - CGS Level 3

#### Wednesday, February 5

10:00 am - Our Lady's Littles Group

6:00 pm - Baptism Parents Meeting

#### Thursday, February 6

9:45 am – Legion of Mary

6:00 pm - First Reconciliation/Communion Class

## Friday, February 7

3:00 pm - First Friday 24-hour Adoration

## Sunday, February 9

1:30 pm - CGS Level 1

## **First Friday Adoration**

Friday, February 7<sup>th</sup>, at 3:00 pm to Saturday, February 8<sup>th</sup>, at 3:00 pm. We would like to have two adorers per hour. If you want to become a regular adorer or want more information please call the parish office at 613-445-3054 or email at adoration@olmm.ca.

#### **Blessed Palms From Previous Years**

There will be a container in the foyer until February 26<sup>th</sup> to collect blessed palms from previous years. These will be burned for Ash Wednesday.

The office will be closed from February 18th to 21<sup>st</sup>. Phone and email messages will be checked sporadically.

Waupoos Family Farms, which offers vacations to low-income families, is now accepting applications for their Easter and Victoria Day vacations! They are a wonderful ministry and even have a chapel onsite with Jesus in the Blessed Sacrament. During their non-vacation seasons, they open their facilities to parishes and ministries for retreats.

If you or someone you know could benefit from their vacations visit their Facebook page and learn more. "FRIENDSHIP" - Catholic Women's League members build enduring friendships. We celebrate new members, anniversaries and special events along the way. Meetings, socials, projects and conventions create bonds of friendship. Meet new friends from your parish and beyond. Your place is among friends.

## **LOST AND FOUND ITEMS**

Please come and check the Lost & Found in the church hall for missing items. All items not picked up by February 14<sup>th</sup> will be donated to St. Mary's Clothing Closet.



Lunch and Learn



Dr. Catherine Clifford Professor and Founder Centre for Vatican II Research and 21st Century Catholicism St. Paul's University

# Echoes From the Synod Assembly

A Voting Delegate's Insight

What actually happened in Rome? What does Synodality mean for us? A time for Question and Answers.



Light Lunch Offered by Holy Spirit CWL



SUNDAY FEBRUARY 9TH 2025 12-2PM HOLY SPIRIT PARISH HALL

## KNIGHTS OF COLUMBUS COUNCIL 12401 CORNER

Brother Knights of Council 12401 donated over 1200 man-hours of volunteer service to the parish and the community in 2024. Would you like to join us to help make our community stronger and more vibrant? If yes, and if you are a male 18 years and older please consider becoming a member of the Knights of Columbus. For more information you can go to Kofc.org and join online.