



# Pentecost Sunday to Solemnity of the Most Holy Trinity – Year A

Diocesan Theme: **Christ is Everything for Us!** “Lord, to whom can we go? You have the words of eternal life”. (John 6.68).

Parish Mission Statement: **Love God, Love Others, Make Disciples!** Our Lady of the Miraculous members to develop their faith and service to others.

## MASS INTENTIONS

*Saturday, May 27<sup>th</sup>*

**4:30pm** Repose of the soul of Paul Victor Desmarais by the Desmarais family

*Sunday, May 28<sup>th</sup> – Pentecost Sunday*

**9:00am** Intentions of the parishioners by the Pastor  
**10:45am** Intentions of the parishioners by the Pastor

*Tuesday, May 30<sup>th</sup>*

**7:00pm** Repose of the soul of Irene Burns by Robert Burns

*Wednesday, May 31<sup>st</sup> – The Visitation of the Blessed Virgin Mary*

**9:30am** For the safety of the clergy and lay people of Nigeria while they celebrate their faith

*Thursday, June 1<sup>st</sup> – St. Justin*

**9:00am**

*Friday, June 2<sup>nd</sup>*

**9:00am** Repose of the soul of Larry Hudder by Maureen Marsolais and family

*Saturday, June 3<sup>rd</sup> – St. Charles Lwanga and Companions*

**4:30pm** Repose of the soul of Peggy Bechard by the James family

*Sunday, June 4<sup>th</sup> – The Solemnity of the Most Holy Trinity*

**9:00am**  
**10:45am** Intentions of the parishioners by the Pastor

*Tuesday, June 6<sup>th</sup>*

**7:00pm** Repose of the soul of Murielle Collingwood by the James family

*Wednesday, June 7<sup>th</sup>*

**9:30am**

*Thursday, June 8<sup>th</sup>*

**9:00am**

*Friday, June 9<sup>th</sup>*

**9:00am**

*Saturday, June 10<sup>th</sup>*

**4:30pm**

*Sunday, June 11<sup>th</sup> – The Solemnity of the Most Holy Body And Blood of Christ (Corpus Christi)*

**9:00am**  
**10:45am** Intentions of the parishioners by the Pastor

## YOUR OFFERINGS FOR

**May 21<sup>st</sup>, 2023 = \$2,361.**

**Thank you for your generosity and support**

## Intentions of the Holy Father for June:

### For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

## *Solemnity of Pentecost Sunday (Year A)*

And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. Acts 2:2-4

And with that, the Church was born. Today we celebrate the Solemnity of Pentecost which, in many ways, was the culmination of the mission of Christ. The pinnacle of His mission will come at the end of time when He returns in all His glory to judge the living and the dead and to establish His permanent Kingdom. But for now, we live under the rule of the Holy Spirit Who has descended upon us in full form, transforming us and making it possible to prepare for Jesus' final and glorious coming.

The Trinity is truly a Mystery of Faith. In our limited way, we understand that God is Three in One. He is Father, Son and Holy Spirit. Each a distinct Person. Each fully sharing in the one divine nature. Though They act in perfect unison, They each fulfill Their unique mission. The Father is the one Who sent the Son into the world and willed that He give His life for the salvation of all. The Son was sent and perfectly fulfilled the will of the Father, uniting humanity with divinity. The Holy Spirit is the Promise of Father and Son Who proceeds from Them and descends upon us, animating us and making it possible for us to share in the life of the Most Holy Trinity.

If that is hard to comprehend, it should be. Our limited intellects can only grasp a shadow of the reality of God. That fact, however, should not discourage us. On the contrary, it should inspire us to anticipate that day when we will see God face to face and enter more deeply into the mystery of His divine life.

Today we especially focus upon the Third Person of the Most Holy Trinity: The Holy Spirit. It is an incredible gift we have been given to live in this age of the Holy Spirit. Perhaps you have thought to yourself that it would have been nice to live during the time that Jesus walked the earth. But Jesus Himself said that it was good that He go. Why? Because then He would send His Advocate, the Holy Spirit, the Spirit of Truth, Who will lead you into all Truth. Thus, the age in which we now live, the age of the Holy Spirit, is the most blessed age the world has ever seen. This is because we are now able to receive the indwelling of the Most Holy Trinity by the power of the Holy Spirit. God is no longer spoken only through the prophets. He is no longer revealed only through the Person of the Son in Jesus Christ. He is now also able to live within us, making our very souls His dwelling place. Heaven and earth unite within our souls. There could be nothing greater than this.

As the Holy Spirit descends upon you, He brings the presence of the Father and the Son. They are inseparable. Therefore, as we prayerfully look within ourselves, we discover the Voice of the Father, leading us into His holy will. We discover the Person of the Son to Whom we are called to be conformed in every way, living as members of His very body on earth. This is made possible because the Holy Spirit descends upon us in a way similar to the way the Holy Spirit overshadowed our Blessed Mother, conceiving within her the Son of God. As the Holy Spirit overshadows us, God is conceived within our souls, and we begin to share in the very life of God here and now.

Reflect, today, upon these holy mysteries of our faith. See the actions of the Father, Son and Holy Spirit as a true mystery. The only way we will be able to begin to probe these mysteries is through prayerful pondering. We must look for the workings of God within, see Him at work within our souls, savor His presence, rejoice in it and keep our eyes firmly fixed on Him. We must see the fruit of God's presence in our lives, such as the Gifts of the Holy Spirit. Below is a full list of these Gifts. Ponder them today. As you do, and as you see these Gifts within you, you will be seeing God Himself, the Holy Spirit, alive and living within the depths of your soul.

*Most Holy Trinity, Father, Son and Holy Spirit, I worship You and adore You with all my Heart. Thank You, Father, for sending Your Son into the world. Thank You Father and Son for sending the Holy Spirit into my life. May I open my soul more fully to You today and every day so as to prepare for Your glorious return at the end of the ages. Jesus, I trust in You.*

May 28 - June 4, 2023

Are you new to Our Lady of the Miraculous Medal Parish?  
**WELCOME!** If you have not yet registered, please complete a registration form found in the foyer or in the office.

You may bring the completed form to the office or drop in the collection basket.

### *Solemnity of the Most Holy Trinity*

"All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." Matthew 28:19-20 (Year B Gospel)

Of all the great feasts we celebrate within the Church throughout the year, today's Solemnity presents us with a Mystery that is so deep and transcendent that our eternity will be spent in perpetual contemplation. The Trinity, the life of the Father, Son and Holy Spirit, will never get old, never be fully understood, and will be the cause of our everlasting adoration and joy. Though the Church has used philosophical concepts to explain the Trinity, no human concept or description will ever fully explain Who God is. Though we can point to some general truths about God, we will never be able to fully depict the inner essence, depth, beauty and omnipotence of the Trinity.

As we consider that fact, it's important to understand that the Trinity is not *first* a theological mystery we try to define. Rather, the Trinity is *first* a communion of Persons we are invited to know. We do not primarily come to know God through intellectual deduction. We come to know God through prayerful union with Him. Though theology is exceptionally useful and important, the essence of God is beyond any and every philosophical concept we can define.

The Father, Son and Holy Spirit are Persons. And as Persons, they want to be known. And they want to be known primarily through a life of deep and intimate prayer. Praying to One Person, of course, is praying to all, since they are One God. But we are, nonetheless, called to a relationship of love with the Father, the Son and the Holy Spirit. And though our feeble minds may not be able to fully comprehend the essence of God, He will draw us deeper and deeper into a knowledge of Him if we let Him.

Prayer often begins by saying prayers, by meditating upon Scripture, and by listening. But true prayer is something much deeper. True prayer is contemplative prayer that ultimately leads to divine union. Only God can initiate this form of prayer in our lives, and only God, through this deep form of prayer, can communicate Himself to us as He is. Some of the greatest mystics of our Church, such as Saint John of the Cross and Saint Teresa of Ávila, explain in their mystical theology that the deepest knowledge of God does not come through concepts or images. In fact, if we wish to obtain a knowledge of God in His essence, we must allow Him to purge every concept of Who He is so that the pure light of His essence can be poured forth upon our minds. This knowledge, they say, is beyond knowing "about" God. It's the beginning of a knowledge "of" God.

Reflect, today, upon the Most Holy Trinity. As you do, say a prayer to God asking for a deeper and more intimate knowledge of Him. Ask Him to communicate to you His divine love and to open your mind and heart to a deeper understanding of Who He is. Try to humble yourself before the great Mystery of the inner life of God. Humility before the Mystery of God means that we know how little we know about Him and how little we know of Him. But that humble truth will help you move closer to the deeper relationship of love to which you are called.

*Most Holy Trinity, Father, Son and Holy Spirit, please draw me into a relationship of love with You Who are one God and three divine Persons. May the mystery and beauty of Your life become more known and loved by me each day through the gift of transforming mystical prayer. Jesus, I trust in You.*

## ANNOUNCEMENTS

### First Friday Adoration

Friday, June 2<sup>nd</sup>, 4:00pm to Saturday, June 3<sup>rd</sup>, 4:00pm. We would like to have two adorers per hour. If you would like to become a regular adorer or want more information please call Bernie Ethier at 613-862-2610 or email at [bernie.ethier@gmail.com](mailto:bernie.ethier@gmail.com).

### Women's Morning of Reflection

Please join us Saturday, June 3 from 9:00 am – 12:00 at the Agora Centre on McConnell Ave., Cornwall, for Mass, confession, breakfast, a talk and the rosary. Our speaker is Nancy Steele who will give a very personal insight into "Strategies to Overcome the Obstacles of Fear, Despair and Discouragement in Times of Difficulty". For any inquiries please contact Heidi Krol 613-347-7561 or Marilyn Light 613-537-2021. A free will offering of \$5 is appreciated.

### Ottawa Pastoral Care

Registration is open for Fall 2023 programs. This fall we are again offering the afternoon **Basic Training Course** in-person as well as the evening Basic Course via Zoom. Both courses begin Monday, September 18, 2023 and run weekly until November 27, 2023 (excepting Thanksgiving Monday). Our fall 2023 Basic Training Course brochure is available at <https://ottawapastoralcare.com/wp-content/uploads/2023/04/Fall-2023.Basic-Course-Brochure.pdf>

### 149th ANNUAL PILGRIMAGE STE-ANNE-DE-BEAUPRÉ AND OUR LADY OF THE CAPE

After a long 3 years of Pandemic the 149th Annual Pilgrimage to the Shrines of Ste-Anne-de-Beaupré and Our Lady of the Cape is resuming with buses that will depart from the Dioceses of Ottawa-Cornwall, Gatineau, Pembroke, St-Jérôme/Mont-Laurier and Kingston, **August 12-13, 2023. Our Weekend Celebrant is Bishop Guy Desrochers, Diocese of Pembroke.** For more information contact Mike budge at 613-224-8110 or email: [mike.budge@bell.net](mailto:mike.budge@bell.net)

### GOOD WORKS

Imagine if you knew the great works done by Catholic Women's League members. As social justice activists, we pray and work for family, friends and all people to change current issues and make this world a better place. We hope you will join us.