



Third Sunday of Lent-Year C

Diocesan Theme: **Christ is Everything for Us!** "Let us work for the good of all, and especially for the family of the faith" (Galatians 6.10b).

Parish Mission Statement: **Love God, Love Others, Make Disciples!** Our Lady of the Miraculous Medal parish through the liturgy, faith formation and sacramental life, provides opportunities for members to develop their faith and service to others.



A Brief Examination of Conscience Based on the Ten Commandments

Saturday, March 23

4:30 pm-For the repose of the soul of Jared Oldford by the staff and students of STA

Sunday, March 24-Third Sunday of Lent

9:00 am- For the intentions of the Parishioners by the Pastor

10:45 am- For the intentions of the Knights of Columbus council 12401 on the occasion of their 20th anniversary

Tuesday, March 26

7:00 pm

Wednesday, March 27

8:30 am-STA

9:30 am-OLMM

Thursday, March 28

9:00 am

Friday, March 29

9:00 am- For the healing intentions of Beverley Plunkett by Kate MacKenzie

Saturday, March 30

4:30 pm-For the repose of the souls of Peter, Stephie, & Joseph Gazo by Sophie Sediva

Sunday, March 31-Fourth Sunday of Lent

9:00 am- For the repose of the soul of Mary payment by Marie Durling

10:45 am- For the intentions of the Parishioners by the Pastor

~IN OUR PRAYERS~

For the sick among our families and friends especially:

Pam Latour, Genny Detillieux, Melanie Joannette,
Natasha Baechler, Beverley Plunkett & Marie Kirkman

YOUR OFFERINGS FOR:

March 17th, -\$3,825.00

Thank you for your generosity and support

INTENTIONS OF THE HOLY FATHER FOR MARCH:

Recognition of the Right of Christian Communities

That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

CHECK OUT OUR WEBSITE at www.olmm.ca

And also our Facebook page

Email: admin@olmm.ca

I am the Lord your God: you shall not have strange Gods before me.

Have I treated people, events, or things more important than God?

You shall not take the name of the Lord your God in vain. Have my words, actively or passively, put down God, the Church, or people?

Remember to keep holy the Lord's Day. Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation (Jan. 1; the Ascension; Aug. 15; Nov. 1; Dec. 8; Dec. 25)? Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body? Do I look for ways to spend time with family or in service on Sunday?

Honor your father and your mother. Do I show my parents due respect? Do I seek to maintain good communication with my parents where possible? Do I criticize them for lacking skills I think they should have?

You shall not kill. Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

You shall not commit adultery. Have I respected the physical and sexual dignity of others and of myself?

You shall not steal. Have I taken or wasted time or resources that belonged to another?

You shall not bear false witness against your neighbor. Have I gossiped, told lies, or embellished stories at the expense of another?

You shall not covet your neighbor's spouse. Have I honored my spouse with my full affection and exclusive love?

You shall not covet your neighbor's goods. Am I content with my own means and needs, or do I compare myself to others unnecessarily?

Christ's Two Commandments

How well do we love God and others? Do we love as Christ calls us to? In the Gospel of Matthew, Christ gives us two Commandments: He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself." The whole law and the prophets depend on these two commandments.

Blessings!

March 24th, 2019

**Are you new to Our Lady of the Miraculous Medal Parish?
WELCOME! If you have not yet registered, please complete a registration
form found in the foyer or in the office.
You may bring the completed form to the office**

What's Happening This Week

- Mon. March 25, -Bible Study-7:00pm-hall
- Tues. March 26 - CGS-Level three-4:30-6:30pm-hall
- Tues. March 26 -Adult choir-7:30-church
- Wed. March 27-Confirmation class-7:00 pm-hall
- Thursday March 28-KOC general meeting-7:30pm-hall
- Friday March 29- Stations of the cross led by the CWL

EASTER FLOWERS: Parishioners can help beautify the church for Easter by making a donation for church flowers in the name of a departed loved one. The names of the donors and the names of their departed loved ones will be published in the church bulletin at Easter. If you have a loved one you would like to honour in this way, please fill out the envelope found in the pews including your donation. Cut-off date is April 14th.

Lenten Penance Service

Lent is a time to "make straight the way of the Lord." The best way of preparing the way of the Lord, therefore, is to rid our hearts, through the sacrament of reconciliation, of those clutters that may impede Christ from coming into our hearts, so as to make room for Him. So please join us on Monday, April 1 at 7 pm for our Parish Lenten Penance Service. Visiting priests will be available.

A message of deep gratitude to the many hands that helped make our St. Patrick's social such a huge success. Thank you to the many Parishioners(over 100) who celebrated with us. We are looking forward to our next Social in the fall where the theme will be a Polish celebration. If you are interested in joining our Parish's Social Committee please contact our Parish Chair, Richard James at 613-445-6627.

Have you been missing the fellowship from attending coffee Sundays? If so please feel free to sign up and host an up-coming coffee Sunday. Sign up sheets are posted just outside the kitchen. Thank you all in advance.

**PLEASE JOIN US EVERY FRIDAY DURING LENT FOR
THE STATIONS OF THE CROSS, AT 6:45PM
FOLLOWED BY MASS**

**March 29th Led by the CWL
April 5th Led by the STA mission Team
April 12th Led by the CGS**



Our Lenten Retreat given by Fr. Roman Romek will begin on the weekend of March 30/31 during the masses. The retreat will resume on Sunday, March 31 at 6:00pm and Monday, April 1 at 6:00pm.

The theme of the retreat:

On the way to life after life.

Fr. Roman is a Ukrainian Catholic priest. Originally from Lviv (Ukraine), Father Roman came to Canada in 2005. He holds a doctoral degree in Eastern Christian Studies. His doctoral thesis, *The Kenotic Theology of Anthony Bloom Metropolitan of Sourzh (1914-2003)*, in *Anthropological Perspective* was successfully defended at the Sheptytsky Institute at Saint Paul University in Ottawa in January 2012. He has been a lecturer at the Ukrainian Catholic University in Lviv (Ukraine) and a teaching assistant at Saint Paul University. Fr. Roman has given spiritual retreats to various groups of people. He is an administrator at St. Michael Ukrainian Catholic Church in Kingston. Fr. Roman works as a full-time chaplain at The Ottawa Hospital, General Campus and occasionally at Whitestone Clinic as a psychotherapist.

The Spiritual Library Committee is pleased to announce that a large number of new Adult Non-Fiction DVDs have been added to the Church Library. Among them are the following titles from Saint Joseph Communications: *Apparitions: True or False*, *Atheism: Not Just Monkey Business*, *The End Times*, *Fire and Sword*, *Interview with an Exorcist*, *The Meaning and Mystery of Marriage*, *Purgatory: And Praying for the Dead*, *Testimony to God's Love*, *Testimony to Truth*, *What Every Catholic Needs to Know About Mary*, *What Every Catholic Needs to Know About the Bible*, *What Every Catholic Needs to Know About the Pope*.

There are also a good number of new and interesting books for youth and adults. You can see them displayed on the top shelf of the Library. Take a look!

CWL Bursary Applications are available to any student of our parish currently in their graduating year or within one year of graduating from grade 12 for the annual CWL bursary award of \$400.00. For more information and/or to obtain an application form please refer to the parish web site: olmm.ca/groups/catholicwomensleague/bursary info, bursary application or contact June Pare, Bursary Committee Chairperson at 613-978-9571 or email: admin@olmm.ca

PILGRIMAGE STATUE OF OUR LADY OF THE MIRACULOUS MEDAL is available to go home with a family this week. If you wish to take home Our Lady for one week, please sign up on the sheet on the table in the foyer.