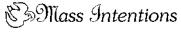
FOURTH SUNDAY IN ORDINARY TIME



"The priesthood is the love of the heart of Jesus"

2009-10 Diocesan Theme: The Priesthood is the Love of the Heart of Jesus 2009-10 Parish theme: Sunday -- A Day for God and Family



Dear Brothers and Sisters in Christ,

Saturday, January 30, 4:30 pm For the intentions of Gerry Geerts by Sandy Geerts

Sunday, January 31, Fourth Sunday in Ordinary Time 9:00 am For the special intentions of the Parishioners by the Pastor

10:45 am For the repose of the soul of Bill Bishop by the O'Byrne Family

Tuesday, February 2, Presentation of the Lord 7:00 pm Mass Cancelled

Wednesday, February 3 St. Thomas Aquinas High. School 9:00 am Mass Cancelled

Thursday, February 4 9:00 am Mass Cancelled

Friday, February 5, St. Agatha 9:00 am For the intentions of Joyce Pioveson by Al & Harriet Clarke

Saturday, February 6, St. Paul Miki 4:30 pm For the repose of the soul of Colette Vaillancourt by Gerry & Pat Redsell

Sunday, February 7, Fifth Sunday in Ordinary Time 9:00 am For the special intentions of the Parishioners by the Pastor

10:45 am For the repose of the soul of Jack Tyo by the Family



Joyce Piovesan, Delores L, Donald

PRAYER Mallette, Alex Bennett, Monica Baker,
Brenda Henke, Mark Brewer and Pat
Gates.

If you would like a name added to this list please call the office.

PRAYERS: For the repose of the souls of Fr. Norman Pagé and Fr. Rock Charbonneau

VOCATION PRAYER: Dear Jesus, you know each of us and call us by name to serve you in faith. Give courage and guidance to those you call to priesthood, diaconate, religious life, and lay ministry, so that they may respond wholeheartedly and serve devotedly. Amen.

Today's second reading, St. Paul's famous "hymn to love" calls to mind Pope Benedict's inspiring encyclical on love, which I highly recommend to all. The Holy Father reminds us of the great calling of love: "Love looks to the eternal. Love is indeed "ecstasy", not in the sense of a moment of intoxication, but rather as a journey, an ongoing exodus out of the closed inward-looking self towards its liberation through self-giving, and thus towards authentic self-discovery and indeed the discovery of God: 'Whoever seeks to gain his life will lose it, but whoever loses his life will preserve it' (Lk 17:33)."

Lest we forget: "Anyone who wishes to give love must also receive love as a gift. Certainly, as the Lord tells us, one can become a source from which rivers of living water flow (cf. Jn 7:37-38). Yet to become such a source, one must constantly drink anew from the original source, which is Jesus Christ, from whose pierced heart flows the love of God (cf. Jn 19:34)."

(http://www.vatican.va/holy_father/benedict_xvi/encyclicals/documents/hf_ben-xvi_enc_20051225_deus-caritasest_en.html)
In Christ, Fr. Tim

YOUR OFFERINGS FOR

Jan 17 -\$3070.54

Thank you for your generosity & support

THIS WEEK AT OUR LADY'S

Tuesday, February 2 - Adult Choir Practice 7:30 pm, Wednesday, February 3 - ACE 7:00 pm Hall Thursday, February 4 - Youth Choir Practice 7:00 pm Friday, February 5 - First Friday Adoration 9:00 am -9:00pm Saturday, February 6 - Food Bank Sunday Sunday, February 7 - Presentation of children for Baptism 10:45 am Mass

NEXT WEEK AT OUR LADY'S

Tuesday, February 9 - Adult Choir Practice 7:30 pm, Wednesday, February 10 - ACE 7:00 pm Hall Thursday, February 11 - Youth Choir Practice 7:00 pm Saturday, February 13 - Youth Bowling 7 pm Embrun

ADORATION: First Friday Adoration will be February 5th, 9:00 am - 9:00 pm. Please sign up in the foyer. Remember that if you have to cancel to inform the office if you can not find a replacement.

January 31, 2010

COFFEE SUNDAY: We Serve Fair Trade Coffee!

Please remember this is a service to the parish. It is your donations that will keep it viable.

9:00 am Mulligan Family 10:45 am Baechler Family

Let us continue our celebration by meeting with other parishioners after Masses.

PILGRIMAGE STATUE OF OUR LADY OF

THE MIRACULOUS MEDAL is available to go home with a family over the next few weeks. If you wish to take home Our Lady for 1 week, please sign up on the sheet located on the table in the foyer. Many graces will surely follow.

"Under Mary's protection we shall have nothing to fear."
- words of St. Marguerite Bourgeoys

PARISH NEWS:

VOLUNTEERS NEEDED: OFFICE: We thank God that our parish continues to grow. With growth comes greater demands in our Parish. Most parishioners are unaware of the amount of work done in our parish office. We need some of you who have the time to consider volunteering 4 hrs/week or more.

BAPTISM TEAM: If you have 4hrs/month to share with our many families who wish to have their children baptized please call the office 445-3054 **And thank you to all our generous volunteers.**

THIS COULD BE FOR YOU: We are looking for any volunteers who would be interested in helping out the Children's Liturgy at the 10:45 mass. Currently, we only have two leaders who alternate from week to week. If this is something you would like to help out with, please contact Tricia Bouvier Harps at 613-841-0232 or the church office.

REMINDER -> RUSSELL TOWNSHIP GOOD NEIGHBOURS

FOOD BANK: Needed items include tissues, toilet paper, dish soap, bar soap, laundry detergent, toothbrushes, toothpaste, ketchup, mustard, mayonnaise, salad dressings, spaghetti sauce, peanut butter, jam, school lunch supplies. Thank you for helping us to help others!

UPDATE: DRAW FOR ICON - The draw will be on Sunday February 14th, 2010 following the 10:45 am Mass. To date the Parish has made 740.00 towards the ICON cost of 1000.00.

ALMS BOX donations for the months of January, February & March will be for residents of The Sarsfield Nursing home. Thank you for your generosity!



WE NEED YOUR WEDDING PICTURES CELEBRATE: WORLD MARRIAGE DAY Sunday, February 14,2010. The world honors husband and wife as head of the family, the basic unit of society. It salutes the beauty of their faithfulness, sacrifice and joy in daily married life. Sponsored by Worldwide

Marriage Encounter. Info: http://wmd.wwme.org/. At the Masses married couples will have the opportunity to receive a special blessing.

PEANUT FREE PEWS: When giving your children snacks during Mass please consider some Parishioners may have peanut allergies. The pews in our Parish **MUST** be safe for all Parishioners.

CALLING ALL YOUTH OF OUR PARISH!

BOWLING NIGHT: Saturday February 13th, 2010 Embrun Bowling Alley at 7:00 pm. The cost is \$10.00 per person. In order to confirm a child's spot please register after 9:00 & 10:45 am Masses on Sunday January 24th & 31st or see Kristine during office hours at the Parish.

ALTAR SERVERS PARTY: Saturday February 13th, 2010 the altar servers will join the youth at the above bowling night. Please register with Kristine in the office.

OTHER INFORMATION RECEIVED:

YOUTHFEST: Saturday February 6, 2010 from 7:00 pm to 10:00 pm at the Tutor Hall 3750 Bowesville Road, Ottawa. Featuring Fr. Simon Lobo & Massive Worship. For more information please go to <a href="https://www.companionscream.com/www.com/w

LECTIO DIVINA: Session with Stephen Binz on LECTIO DIVINA, the reflection on the Word of God in our daily lives. Stephen J. Binz is a Catholic biblical scholar, popular speaker, and awardwinning author of more than two dozen books on the Bible, including the acclaimed new series, Threshold Bible Study (http://www.bridge-b.com/). Wed., Feb. 10, 7:00 - 9:00 p.m. at the Diocesan Centre, 1247 Kilborn Pl. Cost: \$10. Preregistration and payment required (cheque payable to R.C.E.C.O.) by Thursday, Feb. 4. Mail cheque with your name, phone number, email, and name of your parish to the attention of Pastoral Services, 1247 Kilborn Place, Ottawa, ON K1H 6K9. Info: (abrown@ArchOttawa.ca); (613-738-5025, ext. 217).

CURSILLO: Mark your calendar for the Spring 2010 Cursillo Weekends held locally in Orleans, Ontario. Cursillo is a spanish word for "short course" and participants will learn more about their Catholic faith in this course. Women's Weekend is March 11-14 and Men's Weekend is April 15-18. For details, please contact Faith Stephenson 613 445 5691

MOTHER TERESA CATHOLIC SCHOOL: is now in the process of accepting new registrations for September 2010 in Junior and Senior Kindergarten. Mother Teresa School offers an Immersion French Program from Junior Kindergarten to Grade 6. We continue to offer an Extended French Program in Grade one to Grade six. If you have a child that will be four or five years of age on or before December 31, 2010 and are interested in registering at our school, please contact the school as soon as possible at (613)445-3788 or 1-888-263-2715. Students currently attending Junior Kindergarten are automatically registered for September 2010. Please note that an on site daycare is available five days a week for alternate day Junior and Senior Kindergarten students.

Parish Website: www.olmm.ca

Upcoming events, weekly bulletins, parish news and information, homilies, ministry and mass schedules, and more are all posted.